



Bedford High School Athletics

2023-2024 Winter Parent/Guardian &
Student-Athlete Presentation

Welcome

Our interscholastic athletics program seeks to help student-athletes grow physically, mentally, emotionally, and socially through the challenges of athletic discipline, team participation, and interscholastic competition. Our mission is educational and designed to enrich and complement the academic experience at Bedford High School.

Participation Eligibility

Academic - *To be eligible for the fall marking period, students are required to have passed and received full credits for the previous academic year, the equivalent of four traditional year-long major English courses. Term grades cannot be used to determine fall eligibility.*

Physical - *All athletes must have an up to date physical on file with the school nurse/athletic trainer before being allowed to tryout or participate in any sport. **A physical is valid for 13 months from the date it was conducted.** A student becomes ineligible to participate in practice or games when the physical expires. It is the responsibility of the student and parent to be sure they have an up to date physical. It is quite possible that there will be no reminder that your physical is set to expire.*

ImPact - *All athletes must have an up to date baseline on file with the school nurse/athletic trainer before being allowed to tryout or participate in any sport. **A physical is valid for 2 years from the date it was conducted.***

Important Resources

- [Athletics Handbook](#)
- [Head Injury Policy](#)
- [Hazing](#)
- [Opioid Misuse Prevention](#)
- [MIAA](#)
- [BHS Athletics Website](#)
- [Schedules](#)

Additional Points of Emphasis

- [50 Ways to a Better Athletics Experience](#)
- [Morgan's Message](#)
- Bona Fide Rule 45
- Communication
- [Sportsmanship](#)
- Fan Expectations
- [Chemical Health](#)
- Team Rules / Expectations

Tryouts

Each coach will provide an explanation of his/her expectations. It is the duty of the student to demonstrate to the coach that they can fulfill these expectations.

If a student is not selected for a team, he/she may contact the coach personally for an explanation.

Students who are not selected are encouraged to explore other BHS sport opportunities on teams that have not finalized their rosters. Switching sports is also not allowed after the first contest.

Please note **MIAA Rule 35** states that a student athlete participating in football must have 15 days of practice, and 10 days of practice for any other sport, before competing in an official game. For this reason an athlete will not be allowed to join a team after its third official practice without the approval of the Director of Athletics and Coach.

Bedford Athletic Association

The BAA will be active in the raising of funds to assist and support school athletic programs. Fundraising shall support a strong revenue producing program that will include, but not be limited to, assisting all athletic programs, awarding of scholarships to student athletes and the subsidizing of special events or programs endorsed by the Bedford Schools and Athletics Department, that will encourage and promote the growth of the student athlete.

Indoor Track	Joe Pike	evenflow327@aol.com
Alpine Ski	Eric Driscoll	eric_driscoll@bedfordps.org
Cheerleading	Erin Blett	dr.blette@gmail.com
Swim & Dive	Sheila Page	finnpage@finnpage.com
Wrestling	Sam Sprangel	samuel_sprangel@bedfordps.org
Boys Ice Hockey	Brian Seabury	seabury.brian@yahoo.com
Girls Ice Hockey	Mike Giordano	mjg920@icloud.com
Boys Basketball	Anthony Halls	adexter3_99@yahoo.com
Girls Basketball	Jim DeBenedictis	James.DeBenedictis@reading.k12.ma.us
Rifle	Jerry Peters	gerald_peters@bedfordps.org
Gymnastics	Kristen Hannon	kristen.hannon@wpsk12.com

Contact the Athletic Department
with any questions

Follow for updates:

Twitter @BedfordBucs
Instagram @bedfordathletics

Meeting Locations

Boys Basketball	Back Gym	Indoor Track	A202
Girls Basketball	A208	Wrestling	B105
Boys Ice Hockey	Caf	Swimming	A203
Girls Ice Hockey	Caf	Girls Ice Hockey	A209
Cheerleading	A205	Alpine	Lobby