

Dear Parent or Guardian:

In accordance with Bedford High School curriculum your child will be participating in Health II this semester. The Health II course curriculum builds upon Health I, which focuses on healthy choices, decision-making and responsibility. The main focus of Health II is human growth and development. Over the semester we cover a variety of sexuality issues that include reproduction, contraception, sexually transmitted infections, sexual risk, teen parenting, relationships, sexual assault, and sexual harassment.

The course objective is to provide accurate information and an opportunity for discussion to enhance each student's understanding of human sexuality. It is my hope that students are taught the importance of responsibility and are fully educated to make sound decisions in their lives regarding sexuality. Throughout the entire course self-esteem, personal values, and decision-making are stressed.

If you do not want your child to participate in the program or in a specific section of the program you must inform the principal's office. If you would like more information about the health curriculum, please feel free to contact me at (781) 275-1700 ext. 1109 during the school day.

Sincerely,

Keith Mangan
Director of Health and Physical Education
X 1109

Heather Galante
Principal
X 1119