

## PERSONAL SAFETY

### LESSON THREE: TOUCHING

**Appropriate/inappropriate, confusing, or unwanted**

**GRADE LEVEL:** 2<sup>nd</sup> Grade

**OVERVIEW:** This lesson will be used to explain the difference between appropriate and inappropriate touching. It will continue to develop student's knowledge and understanding of appropriate/safe and inappropriate, confusing or unwanted touching. This lesson will clarify touching that is appropriate. Confusing messages concerning touch can be countered by honest discussions about the feelings that a touch creates. Children have the right to clarify confusing feelings and exercise control over the way their bodies are touched. Children often receive the message that they don't have the right to talk about or control the touches they give or receive. Students will continue to understand the difference between good/safe and bad/unsafe secrets. They will be encouraged to tell trusted adults about inappropriate touching and unsafe secrets.

**GOALS AND OBJECTIVES:** Educate students on their right to privacy. Strengthen their ability to distinguish between appropriate and inappropriate touching. Determine when and who students should tell about a confusing touch or unsafe secret.

At the completion of this lesson students will demonstrate the ability to:

- Identify safe/good touches and unsafe/confusing touches.
- Set limits with individuals who they may or may not know i.e. parents, siblings, relatives, and persons of authority, etc.
- Choose appropriate trusted adults for help.
- Talk about the need for privacy.
- Discuss what secrets should be told and how to tell them to a trusted adult.