

Part 1

Grade 2 Lesson Two: Stranger Management/Assertiveness Skills

Introduction:

A stranger is:

- A person you have never met.
- Someone you don't know anything about.
- Someone who may or may not be nice.
- Someone who looks like an ordinary person.
- Someone you "sort of" know.

It is important to think when you are around strangers, because these situations can be dangerous. Remember to trust your instincts. Follow the safety steps when you come in contact with a stranger. If a stranger asks for help or asks you to keep a secret it could be a dangerous. You should tell a trusted adult. Strangers might offer you treats or invite you to go someplace. This is a warning sign. Stop and immediately think what you need to do. Follow the safety steps: **YELL "NO," GO, and TELL.**

Refer back to Lil' Iguana's "Be Smart Stay Safe" DVD and discuss the following questions:

- Were there any strangers in the video?
- Who were they?
- What made those people strangers?

Listen to song #5, Who's a Stranger, on Lil' Iguana's CD's and discuss the lyrics.

Who's A Stranger

We were checkin' out the playground after school
My buddies and me, we were playin' real cool
When along comes a guy who wanted to hang
I thought, "a little too old to be part of our gang"

The Man was friendly, just wanted to talk
But my buddies and me, we just turned and walked
"Cuz a stranger is someone you never met before
A stranger is a danger if you know what I mean
Whose a stranger?"

My sister and me were at the mall
And a man was waving and started to call
But my sister and me knew to ask our mom
If the man was just a stranger that might do us harm

So we asked permission, to go and see
What the man had in store for my sister and me
My mom said we could go, but she kept a close eye
While my sister and me bought balloons from the guy

(song continued...)

Who's a stranger?
You should tell, when a grown up you don't know
says they know you well
Who's a stranger? They may be friendly, OK
But it's better just to turn and run away

We were walking to a friend's in the neighborhood
When a car pulled up just where we stood
The lady said my mom and her were real good friends
And she'd give me a ride just up around the bend

But, I knew my mom would never say
That a stranger had permission to invite me that way
And my Dad told me I should never go
With "anybody", "no one" that you just don't know

Who's a stranger?
Never go, for a walk or a ride with someone you don't know
A stranger can be funny and friendly too
But a stranger is a danger if you don't know what to do

Who's a stranger?
Run away, from anyone who tries to take you away
Who's a stranger?
Anyone who tries to give you a ride
When they know that walking will do

Who's a stranger?.. "could be a next door neighbor."
Who's a stranger?.. "He looks familiar, but I don't know."
Who's a stranger?... " I better check first."

Discuss what to do in the following situations:

- Should you ever get into a stranger's car when you are alone?
- Should you get into a stranger's car when you are with a friend?
- How should you act when a stranger's asks for help?
(i.e. A stranger asks for help finding a lost dog, finding how to get somewhere, finding help because he/she is sick etc.)
It is important to remember in all of these cases adults will ask other adults, not children, for help. Remember your safety steps: **Yell "No," Go and Tell.**
- Is a policeman a trusted adult?

- Should a parent or guardian always know where you are?

Part II

Grade 2 Lesson Two: Stranger Management/Assertiveness Skills

Introduction:

Being assertive when you're saying **"NO!"** **Saying it** loudly in personal safety situations is an important way to protect your self and stay safe. You might think saying **"NO"** would normally break the rules for appropriate and respectful behavior. Telling a trusted adult and knowing which adults to trust when you are confused can help. If the adult you ask for help **doesn't** help, you keep on asking trusted adults until you find someone who *will* listen and help you.

Listen to song #6, "RUN, RUN, RUN, YELL and TELL" on Lil' Iguana's CD Who's a Stranger and discuss the lyrics.

"RUN, RUN, RUN, YELL & TELL"

We told you 'bout the danger of walking alone
We told you not to talk with someone you don't know
We told you that a stranger is a danger to you
But there's more to say, cuz, we're not quite through

If you get in trouble and feel afraid
If a stranger tries to grab you & take you away
Remember this phrase and know it well
You gotta, "RUN, RUN, RUN, YELL & TELL"

You can wave your arms so people can see
That you might need help immediately
You can wiggle and scream and punch & yell
And then do something you know well

You gotta, "RUN, RUN, RUN, YELL & TELL"
"RUN, RUN, RUN, YELL & TELL"
SAY IT AGAIN SO YOU KNOW IT WELL
You gotta, "RUN, RUN, RUN, YELL & TELL"
"RUN, RUN, RUN, YELL & TELL"

If you find yourself in a scary place
And your harm alarm says that "it's not safe"
If someone hurts you or holds you down
You can scream, kick, bite or shout real loud...

Then "RUN, RUN, RUN, YELL & TELL"
"RUN, RUN, RUN, YELL & TELL"

SAY IT AGAIN SO YOU KNOW IT WELL

You gotta, "RUN, RUN, YELL & TELL"

"RUN, RUN, RUN, YELL & TELL"

(song continued)

If a grownup or a neighbor that you know well

Wants to touch you in secret and says not to tell

Remember this phrase and know it well.

You should never ever do it, just run away

And tell someone what they had to say

If you get confused and feel unsure

Just say "goodbye" and find the door

Remember this phrase and know it well

You gotta, "RUN, RUN, RUN, YELL & TELL"

If you find yourself in a scary place

And your Harm Alarm says that "it's not safe"

If someone tries to take you outta' town

You can scream, kick, bite or shout real LOUD...

Then "RUN, RUN, RUN, YELL & TELL"

"RUN, RUN, RUN, YELL & TELL"

Say it again so you know it well

You gotta, "RUN, RUN, YELL & TELL"

"RUN, RUN, RUN, YELL & TELL"

Discuss the definition of assertive. Stress the importance of being bold.

Discuss assertiveness skills:

- Use the word "NO" rather than weaker words such as, "Well, I'm not sure...I don't know."
- Use confident body language-head held high looking the person in the eye!
- Avoid reasons that might allow others to argue. They will keep trying to get their way.
- Repeat the word "No." Sometimes this word must be repeated **several** times before the other person accepts the answer.

Present situations that require students to say "**NO**" **assertively**.

- A bully says, "Give me your sandwich!"
- A friend says, "Let's go take that girl's book bag."
- A stranger asks if you want to go for a ride and get some toys?
- A friend says, "After recess let's go into the woods where no one can see us."
- A friendly lady stops her car and asks you if you'd like to see her puppy.
- A stranger driving by your house says "Get in my car and show me where the playground is."

Compliment students on their ability to say "NO" assertively when saying no.
Have students finish the lesson by boldly repeating the **following safety steps:**
YELL "NO," GO and TELL.