

Bedford Public Schools

Department of Athletics

Keith Mangan

Director of Athletics

Personal Goals

- Strengthen the connection between Academics and Athletics.
- Promote strong scholastic and athletic values.
- Building the capacity of our programs through feeder programs (sub-varsity, middle school, recreation).
- Promote opportunities for personal and professional growth.

Bedford High School Student-Athletes will...

1. ...act with integrity, respect, and responsibility towards themselves, others, and the environment .
2. ...value cultural diversity and recognize global interdependence .
3. ...practice the democratic principles of tolerance, activism, responsibility for and service to one's community .
4. ...think independently and work cooperatively to achieve goals and resolve issues .

Program Philosophy

The highest potential of athletics is achieved by committing to the ideal of pursuing victory with honor. Good faith efforts to honor the words and spirit of our philosophy will improve the quality of our programs and the well being of all teammates.

Athletics should be:

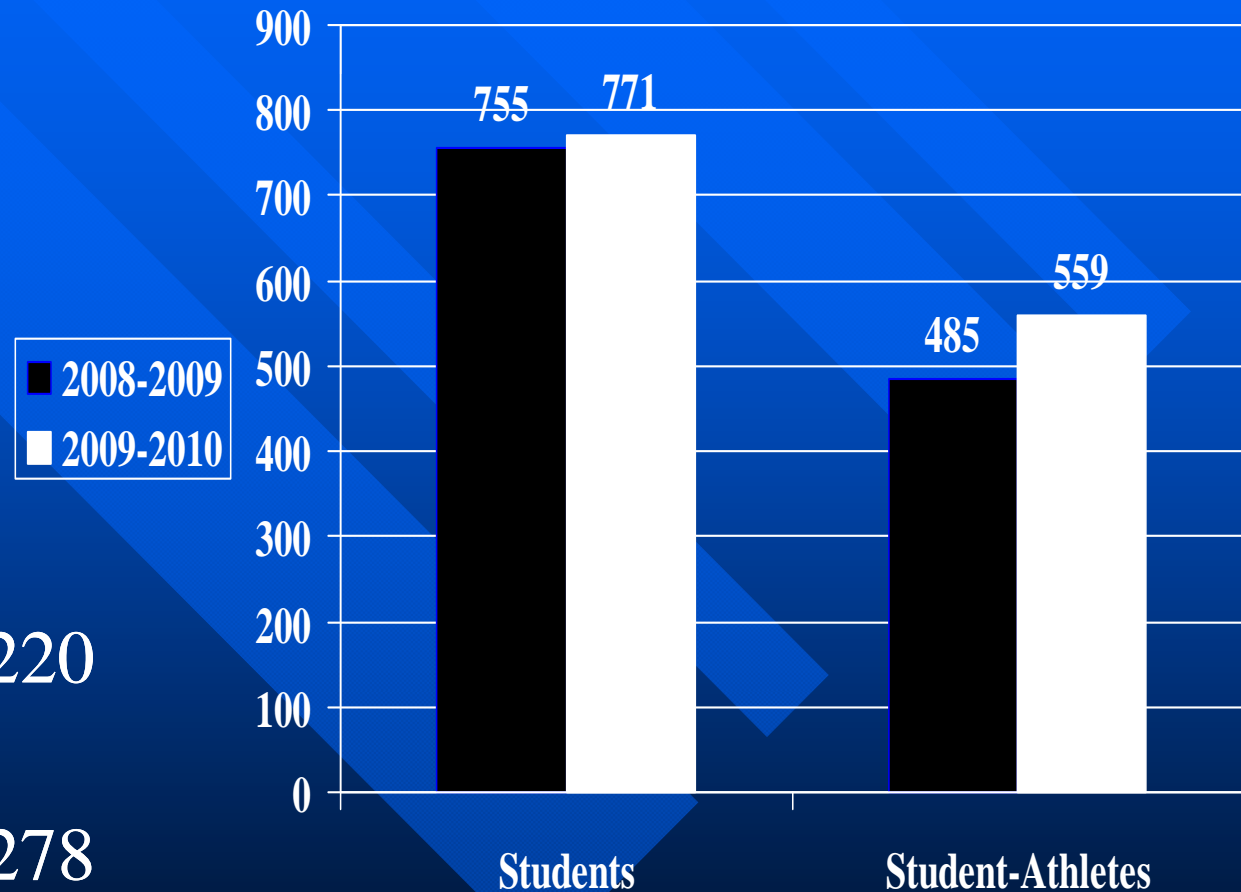
- An enjoyable experience.
- A significant part of a sound educational program.
- Embody high standards of ethics and sportsmanship .
- Develop good character and other important life skills, focusing on six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the “Six Pillars of Character”©).

Program Offerings

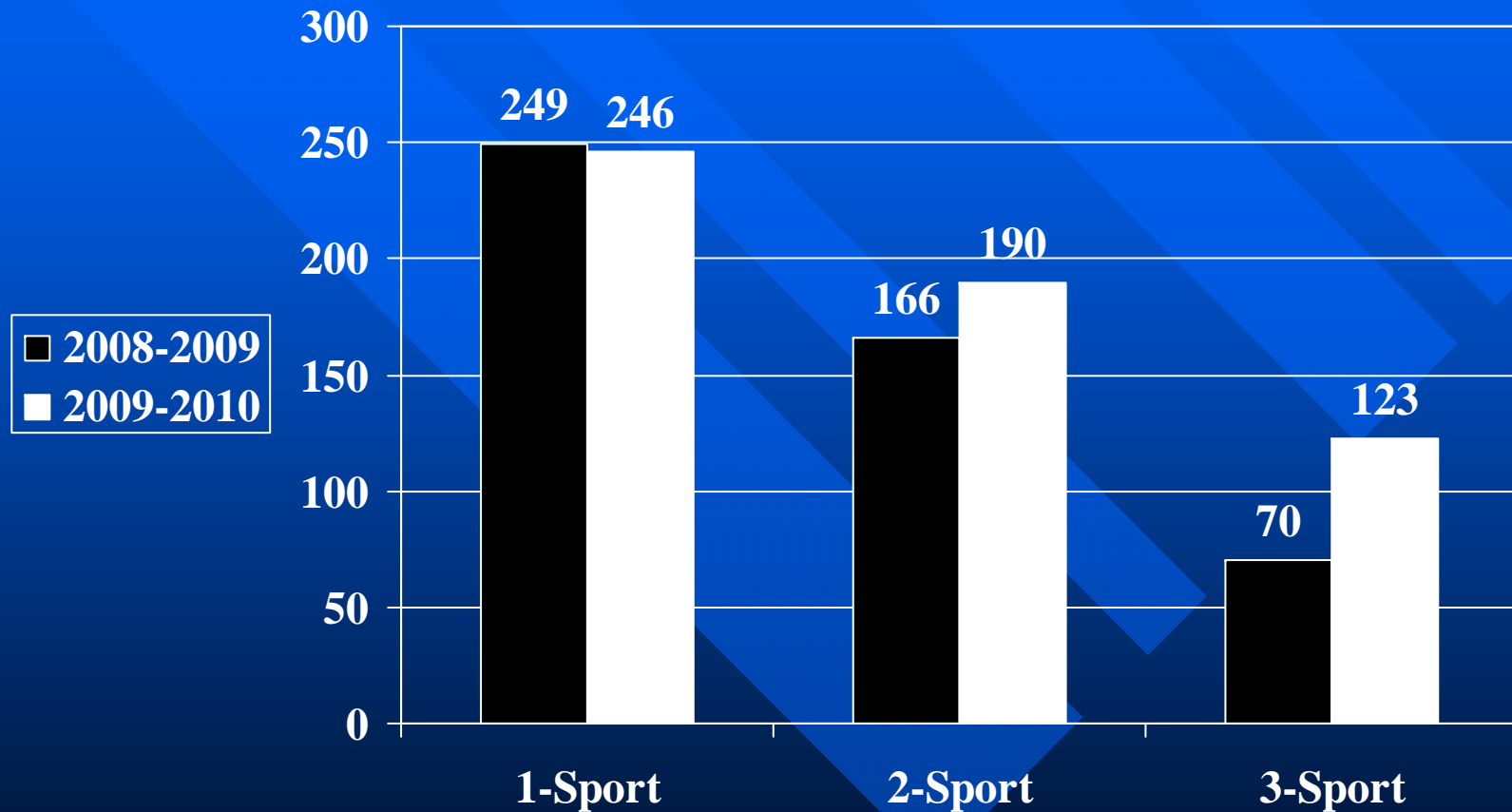
- 19 sports
- 12 Boys (Mixed Gendered: Indoor Track, Ice Hockey, Golf); 13 Girls (Mixed Gendered: Swimming)
- 63 teams (10 at JGMS)
- 55 Coaches (approx. 8 volunteers)
- 1 PT Athletic Trainer
- 1 PT Secretary
- 1 MS Coordinator (x3)

Participation Numbers

- 08-09:
M/F...265/220
- 09-10:
M/F...281/278



Multi-Sport Athletes



Program Levels

The three goals used to determine level of play are:

- To emphasize the development of basic skills, appropriate attitudes, values and team concepts.
- To allow as many students as possible to participate and share the experience and benefits derived from team membership.
- To compete competitively with Dual County and non-league opponents.

All levels focus on sportsmanship and fair play!

Middle School

We strive to offer all middle school students with the opportunity to participate in the athletic program.

Athletics at the middle school level are intended to:

- help students learn new skills;
- understand how to function in a team environment;
- understand the role of a team and one's responsibility to the team;
- be physically active; learn discipline and self care.
- To appreciate healthy competition.

We offer cross-country and track for all grade levels. For 7th and 8th grade students, the program consists of soccer, basketball, softball, baseball, football, field hockey.

Freshman

This entry level emphasizes:

- Development of fundamental skills and learning the rules of the game.
- Equal practice opportunities for all participants.
- The amount of game time is determined by the coach's evaluation of the athlete's attitude, skills and team role, working toward equitable playing time.
- Development of an orientation toward team effort by each athlete.
- Development of the ambition to achieve at the next level of competition.

Junior Varsity

This level is a transitional one that emphasizes:

- Reinforcement and refinement of fundamental skills and learning the rules of the game.
- The amount of game time is determined by the coach's evaluation of the athlete's attitude, skills and team role.
- More sophisticated athletic strategies.
- Specific definition of the athlete's role within the team concept.
- Greater emphasis is given to the concepts of commitment and team play.
- Emphasis on physical conditioning and development.
- Development of the ambition to achieve at the next level of competition is encouraged.

Varsity

This level emphasizes:

- High proficiency in the physical skills.
- The amount of game time is determined by the coach's evaluation of the athlete's attitude, skills and team role.
- Strategy, situation analysis and all mental aspects of the sport.
- Maximum commitment to the athletic team.
- Physical conditioning components of one's sport.
- Individual sacrifice for the good of the team.

Win/Loss Record

■ 2007-2008

Boys Teams

- 40-112-5
- .254 pct.

Girls Teams

- 38-100-10
- .256 pct.

■ 2008-2009

Boys Teams

- 82-83-6
- .479 pct.

Girls Teams

- 60-116-6
- .329 pct.

Program Honors/Awards

2008-2009

- Three League Titles (GSOC, BSOC, FB)
- Globe 2008 Coach of the Year (FB)
- All-Scholastics: 1 (XCO)
- Individual Champion: 1 (Metro League)
- All-League (DCL/MYC): 1 (IHK)
- EMASS All-Star: 1 (GSOC)
- Lowell Sun All-Stars: 3
- All-Americans: 1 (OT)
- DCL All-Stars: 53

Program Honors/Awards

2009-2010

- To date.....
- Lowell Sun All-Stars: 2
- All-League: 4 (VB, FB x 3)
- DCL All-Stars: 24

Budget

- **Instructional Salaries**
 - Stipends for Coaches and Athletic Trainer
- **Officials**
- **Contracted Services**
 - Facility Rental, Reconditioning, Transportation, Police Details
- **Other**
 - League Dues, Commissioners
- **Travel**
- **Equipment**
 - New equipment is need based!

What's New

- Dual County League Changes
- Evaluations
 - Head Coach (Up to date)
 - Asst. Coach
 - Athletic Trainer and MS Coordinator
- Handbooks
- Forms
- Captain's Council
- Service Projects
- Annual Meeting
- Teams additions: Girl's Cross Country
- Reorganization the BAA

Future Offerings???

- Girls Indoor Track (Winter)
- Boys Swimming (Winter)
- Boys Volleyball (Spring)
- Wrestling (Winter)
- Girls Ice Hockey (Winter)

Program Aspirations

- Add Uniform Replacement back into Budget
- Return Asst. Freshmen FB position
- Add Freshmen Coaching position (floating)
- Return Asst. Swim Coach position
- Full time ATC
- Weight Room Supervisor

Questions???