

TOWN OF BEDFORD

97 MCMAHON ROAD BEDFORD, MASSACHUSETTS 01730

Bedford Public Schools Update on COVID-19

May 12, 2020

If you need this document translated, please call your child's school principal - Si necesita este documento traducido, por favor comuníquese con la escuela de su hijo - Se você precisa este documento traduzido, entre em contato com a escola do ses filho - Si vous avez besoin de traduire ce document, s'il vous plaît contacter l' école de votre enfant - 如果你需要这份文件翻译,请联系您的孩子的学校 - ، إذا كنت تحتاج /تحتاجين إلى ترجمة هذه ، - 《根本的文件翻译》,请联系您的孩子的学校 - (الوثيقة إلى اللغة العربية يرجى الاتصال بمدرسة طفاك/طفاتك

The Bedford COVID-19 Task Force met May 12, 2020 to review the latest guidance from the Department of Public Health (DPH), the office of Governor Charlie Baker, and Town Legal Counsel.

The COVID-19 Task Force is comprised of the following Town officials:

Sarah Stanton, Town Manager Jon Sills, Superintendent of Schools Heidi Porter, Director of Health and Human Services Robert Bongiorno, Police Chief David Grunes, Fire Chief Taissir Alani, Facilities Director

Current Case Report

As of today, May 12, 2020, there have been a total of one hundred sixty (160) positive cases of COVID-19 reported to the Town of Bedford Board of Health by the Massachusetts Department of Public Health (MA DPH) and thirty-one (31) deaths of Bedford residents attributed to COVID-19. The total case number includes residents of the Town of Bedford, including but not limited to those in: single-family homes, apartments, the VA campus, Hanscom Air Force Base, special needs group homes and any and all other larger assisted living/care facilities in Bedford as reported to us by the MA DPH.

As you may be aware, long term care facilities serving the elderly and congregate care facilities, house susceptible populations with underlying conditions who are particularly vulnerable to COVID-19. Increased testing occurs at these facilities and results in more positive cases being identified. As such, cities and towns with these facilities, like Bedford, experience elevated positive case counts and, unfortunately, deaths due to the vulnerability to COVID-19 of the populations within those facilities.

Thirty-nine (39) of the total Bedford cases have already recovered and have come off of isolation and there may other Bedford residents who would be considered persons under investigation (PUIs) in that they are symptomatic, have undergone testing but have not yet received results. There are other individuals impacted by COVID-19 in the community that have not sought medical attention, and/or have not been tested and are

isolating at home regardless. Those individuals do not appear on the surveillance reports the Town receives from the MA DPH.

The Board of Health continues to do the appropriate follow-up and outreach to those residents and close contacts known to us and the VA is conducting follow-up and contact tracing of the Veteran's under their care. Many of the identified close contacts of some of the Bedford cases never exhibited symptoms, have completed their required quarantine period and have been released from quarantine by the Board of Health.

Please note, in part to alleviate the community concern, the VA does do a daily report of their numbers, which includes inpatients, outpatients and staff, many of whom do not call Bedford home. The information can be found here: https://www.accesstocare.va.gov/Healthcare/COVID19NationalSummary

Important Updates

Mask and Face Covering Order

All residents over the age of two are required to use a face covering or mask in public places where maintaining proper social distancing measures to prevent the spread of COVID-19 are not possible. This order applies to all workers and customers of businesses and other organizations that are currently open to the public and permitted to operate as COVID-19 Essential Businesses, such as grocery stores, pharmacies, and other retail stores. Residents are also required to wear a mask or face covering at all times when using any means of transportation service or public mass transit.

This order also applies outdoors if you cannot keep a safe distance from others. In practice, this means that, even if you are seeking some fresh air or exercise by going outside for a walk, run or bike ride in a place where you don't expect to see anyone else, you still need to wear a face covering. You can keep it around your neck if no one is around. But when you see someone else you should raise your face covering up over your nose and mouth while you are in the same vicinity. Navigate to https://www.youtube.com/watch?v=HtUJPizQVPI&feature=youtu.be to See New DPH PSA on How to Safely Cover Your Face Outside of Home.

Bedford Residents are asked to "Answer the Call!"

The Bedford Board of Health asks Bedford Residents to be part of the COVID-19 solution and "Answer the Call!" If you've tested positive for COVID-19 or if you've been in close contact with someone who has tested positive, the COVID Community Team, including the Bedford Community Health Nurse and the School Nurses, will be reaching out via phone to you and your close contacts to slow the spread. We'll help support you and will help to keep track of symptoms to move you through isolation and quarantine appropriately.

The Caller ID on your phone will show the call is coming from one of the following phone numbers: (781) 999-2093, (781) 999-4209, (781) 999-4223, (781) 999-4236, (833) 638-1685 or (857) 305-2728.

Your name will not be publically released but the information you can provide to us is imperative in slowing the spread so we can get to the other side of this outbreak. Bedford Residents, Answer the Call!

Please do not use the above phone numbers for general inquiries on COVID-19. For information on COVID-19 and the COVID-19 response in Bedford, instead please call the Bedford Board of Health at 781-275-6507 or visit the BOH COVID-19 website

Stay At Home Advisory is STILL in effect

Wearing a face covering does not make it OK to gather and/or socialize with others. This action is meant to protect others from your respiratory droplets when you must leave your home for necessary errands and activities. Remember people may have the virus and be asymptomatic and contagious all at the same time. Staying home and avoiding close contact with others is still the BEST and most protective option to slow the spread of COVID-19.

Seek help with any medical or health issues

If you experience any medical issues during this time, please call your doctor. If you have an emergency, please go to the ER. Medical offices and hospitals are abiding by strict protocols to keep patients safe. Please don't let fear of this virus prevent you from seeking needed medical care and potentially exacerbating an issue that may cause you harm. You should call 9-1-1 for any serious medical or mental health emergency.