

TOWN OF BEDFORD

97 MCMAHON ROAD BEDFORD, MASSACHUSETTS 01730

Bedford Public Schools Update on COVID-19

April 17, 2020

The Bedford COVID-19 Task Force met Friday, April 17, 2020 to review the latest guidance from the Department of Public Health (DPH), the office of Governor Charlie Baker, and Town Legal Counsel.

The COVID-19 Task Force is comprised of the following Town officials:

Sarah Stanton, Town Manager Jon Sills, Superintendent of Schools Heidi Porter, Director of Health and Human Services Robert Bongiorno, Police Chief David Grunes, Fire Chief Taissir Alani, Facilities Director

Current Case Report

As of today, April 17, 2020, there have been a total of seventy-one (71) positive cases of COVID-19 and three (3) deaths reported to the Town of Bedford Board of Health by the Massachusetts Department of Public Health (MA DPH). The total case number includes residents of the Town of Bedford, including but not limited to those in: single-family homes, apartments, the VA campus, Hanscom Air Force Base, special needs group homes and any and all other larger assisted living/care facilities in Bedford as reported to us by the MA DPH. There are an additional twenty-four (24) people attributed to the Town of Bedford under the state surveillance system. These 24 people are either staff at a Bedford facility who were tested there and used that address as their "location," or former Bedford residents now living in another city/state who indicated Bedford as their home. For those who are not current residents of Bedford, the Bedford Board of Health ensures that the local jurisdiction where those people live has been informed of their COVID-19 positive status so that that community can conduct the appropriate contact trace, follow-up and issue isolation/quarantine orders.

Please note, in part to alleviate the community concern, the VA does do a daily report of their numbers, which includes inpatients, outpatients and staff, many of whom do not call Bedford home. The information can be found here: <u>https://www.accesstocare.va.gov/Healthcare/COVID19NationalSummary</u>

Ten (10) of the total Bedford cases to date have already recovered and have come off of isolation and there is currently one (1) known Person Under Investigation. There are other individuals impacted by COVID-19 in the community that have not sought medical attention, and/or have not been tested and are isolating at home regardless. Those individuals do not appear on the surveillance reports the Town receives from the MA DPH.

Many of the identified close contacts of some of the Bedford cases never exhibited symptoms, have completed their required quarantine period and have been released from quarantine by the Board of Health.

By all accounts, the country, state and Town of Bedford are on the brink of a surge in cases. In conjunction with this, the MA Department of Public Health is promoting a program for long term care facilities to do wide-scale testing of staff and residents, due to the vulnerability of the population these facilities serve. Given the presence of these types of facilities in Bedford, there is a possibility that this testing will result in an increase in the number of positive COVID-19 residents in Bedford in the coming days and weeks. The Board of Health will continue to work with these facilities to ensure proper isolation of any impacted residents or staff while they receive any necessary treatment and will continue to promote enforcement of use of proper personal protection and hand hygiene.

To continue to make strides towards slowing the spread of COVID-19, it is imperative to strictly adhere to all the proper personal hygiene and protective practices that have been presented and encouraged since the start of this outbreak: abide by social distancing, stay home except for necessary, essential and allowable errands, don't touch your face, engage in frequent handwashing, use sanitizer, regularly sanitize common-touch surfaces and wear a face covering when you must go out in public. Thank you for your anticipated support and diligence in taking the necessary precautions to slow the spread.

Town Updates

Beginning this upcoming Saturday, April 18, 2020, the Department of Public Works is temporarily opening the Compost Center for two weeks to give Bedford residents an outlet for the tree debris

generated from the Monday, April 13, 2020 storm. Residents will also be able to drop off yard waste on the compost pile.

The Compost Center, at 108 Carlisle Road, will be open from 8 a.m. to 2 p.m., Monday through Saturday through May 2. The Compost Center is open to Bedford residents only. Commercial vehicles and businesses are prohibited from using the site.

To promote social distancing, the DPW is staggering the schedule using an odd/even household number system to control the number of vehicles that enter the site.

- On Saturdays, Tuesdays, and Thursdays, residents from ODD numbered households can come to the site.
- On Mondays, Wednesdays, and Fridays, residents from EVEN numbered households can come to the site.
- The Compost Center will be open to ALL residents from 8 a.m. to 2 p.m. on Saturday, May 2.
- More information about the traffic flow, specific dates for odd/even numbered households, and acceptable materials is available at <u>www.bedfordma.gov/recycling</u>.

Due to the Patriot's Day Holiday, the Monday, April 20th refuse and recycling collection will be delayed one day. Please place your trash cart and recycling containers out no later than 7 a.m. on Tuesday, April 21.

Non-Emergency Town and School offices will not be staffed on Monday in observance of the holiday.

General Guidance

For previous updates on COVID-19, please review the COVID-19 News and Announcements Page at on the Town website (<u>www.bedfordma.gov</u>).

It is important to remember that while the COVID-19 outbreak is evolving quickly, influenza is still circulating in the area. Many of the things you do to help prevent colds and the flu can help protect you against COVID-19:

- Comply with the Governor's Stay at Home Order and non-quarantined residents should only leave the house for grocery shopping, doctor's appointments or some socially distanced fresh air. Wash your hands often with soap and warm water for at least 20 seconds.
- While fresh air and exercise are important components to staying healthy during the COVID-19 epidemic, please be mindful that if you are using the Minuteman Bikeway or the Bedford Trails, it is important to maintain social distancing of 6 feet from others and you are encouraged to cover your face when out in public.
- Avoid touching your eyes, nose and mouth.
- Clean things that are frequently touched (like doorknobs, countertops, cell phone, television remove, computers, sink faucets, etc.) with household cleaning spray or disinfecting wipes.
- Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not your hands.
- Stay home if you are sick and avoid close contact with others.
- Employ social distancing and keep 6 feet apart from others if you are not otherwise required to be in quarantine and must go out.
- For those at home, a little moderate exercise or meditation goes a long way. Get up, stretch, and maybe have a short walk.

The best source of guidance and recommendations is the DPH website: <u>www.mass.gov/covid19</u>

Alternatively, if you are without internet capabilities, please call the State hotline: 2-1-1.