## Bedford Public Schools Davis Elementary School Lunch Menu March 2020

		march 20	20	
Monday	Tuesday	Wednesday	Thursday	Friday
2 Happy Birthday Dr. Seuss! Turkey and cheese pinwheels <u>Sides:</u> Goldfish crackers Cherries Delight	3 Sloppy Joes on a WG roll <u>Sides:</u> Broccoli Salad Mixed Berry Cup	4 Egg & Cheese on a bagel with or w/o bacon <u>Sides:</u> Home Fries Orange Smiles	5 Hamburger, Veggie(v), or Cheeseburger on a WG roll <u>Sides:</u> Vegetarian Baked Beans Pickle Spear Banana	6 French Bread Cheese(v) or Pepperoni Pizza <u>Sides:</u> Garden Salad Blueberry Crisp
9 National Meatball Day! Meatball Sub on a WG roll <u>Sides:</u> Potato Chips Green Beans Mixed Fruit	10 Burrito Bowl with Fajita chicken, black beans and rice <u>Sides:</u> Cheese, Salsa & Sour Cream Pineapple	11 Johnny Appleseed Day! Mac & Trees <u>Sides:</u> Dinner Roll Apple Crisp	12 New Item! Rich's Pizza Cruncher's Mozzarella cheese, sauce wrapped in dough <u>Sides:</u> Caesar Salad Raisins	13 No School! Harvest of the month is Dairy!
16 French Toast Sticks with or w/o Maple Syrup Scrambled Eggs <u>Sides:</u> Steamed corn Apple Sauce	17 St. Patrick's Day Rainbow Bagel with or w/o magical sprinkle cream cheese <u>Sides:</u> Luck o' the Irish Yogurt Cheese Stick Carrot Sticks Leprechaun Jell-O	18 National Oatmeal Cookie Day! Pork BBQ Rib Sandwich on a WG roll <u>Sides:</u> Cucumber Wheels Apple Oatmeal Cookie	19 National Poultry Day! Crispy Chicken Sandwich on a WG roll <u>Sides:</u> French Fries Mixed Fruit	20 Pizza Sticks with or w/o dipping sauce Sides: Garden Salad Roasted chickpeas Pears
23 Meatless Monday! Grilled Cheese Sandwich <u>Sides:</u> Tomato Soup Saltine Crackers Pineapple	24 March Madness! Bedford Sampler Chicken nuggets, Mozzarella sticks and toasted raviolis with or w/o dipping sauce <u>Sides:</u> Sweet Potato French Fries Apple Slices	25 International Waffle Day! Chicken and Waffles with or w/o Maple Syrup <u>Sides:</u> Tater tots Pears	26 Chicken Broccoli Penne <u>Sides:</u> Breadstick Roasted Chic Peas Strawberries	27 Personal Pan Pizza Cheese(v) or Pepperoni <u>Sides:</u> Spinach Salad Chocolate Cake
30 Chicken Parmesan with Pasta <u>Sides:</u> Caesar Salad Peaches	31 All Beef Hot Dog on a WG roll <u>Sides:</u> Homemade Potato Salad Mixed Fruit	<u>A lunch</u> should consist of at least three different menu items, <u>one item</u> <u>must be a veg or fruit</u> . Items offered are a <b>Main</b> <b>item</b> (in bold), vegetable, fruit, milk and bread (grain)	<u>Alternate Entrée:</u> M-Thurs Wheat Bagel with low fat yogurt and/or cheese stick PB&J or PB on wheat bread <b>WG = Whole Grain</b> <b>V = Vegetarian</b> An 8oz nonfat Chocolate, 1% or skim milk is included with all lunches	100% Juices: Apple, Orange, and Grape offered as a fruit component daily

Lunch price: Full \$2.70 / Reduced price: \$.40/Lunch = three items on the menu one item must be a fruit or vegetable. USDA is an equal opportunity employer.