
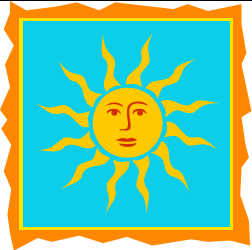




Bedford Public Schools

Davis Elementary School Lunch Menu

June 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>A lunch should consist of at least three different menu items, <u>one item must be a veg or fruit</u>. Items offered are a Main item (in bold), vegetable, fruit, milk and bread (grain)</i></p>	<p><u>Alternate Entrée:</u> Wheat Bagel with low fat yogurt and cheese stick PB&J or PB on wheat bread An 8oz non fat Chocolate, 1% or skim milk is included with all lunches 100% Juices: Apple, Orange, and Grape offered daily, May be taken as fruit selection</p>	<p>Please keep a positive balance in your student's account. You can set-up an account on mySchoolBucks.com or pay by check. Send a check to Bedford School Lunch Program 97 McMahon Rd Bedford, MA 01730</p>		<p><i>End of the year positive balances for grade 2 students will transfer in Sept to Lane as prepaid meal(s). A new POS system will be available, exact date to be determined</i></p>
		<p>1 Pasta and Meat Sauce <u>Sides:</u> Tossed Salad w/ Romaine and Tomato Dinner Roll Blueberries with Cream Topping</p>	<p>2 Cheese(v) or Pepperoni Pizza <u>Sides:</u> Tossed Salad w/ Romaine Applesauce</p>	<p>3 Field Day!! Bag Lunch Turkey, Tuna or PB&J on Wheat <u>Sides:</u> Carrot Sticks Baked Cheez It Fresh Local Apple</p>
<p>6 Yogurt Parfait (Vanilla yogurt) with Blueberry <u>Sides:</u> Hot Pretzel Peach Cup</p>	<p>7 Oven Baked Chicken Nuggets <u>Sides:</u> French Fries Steamed Carrots Sliced Apples</p>	<p>8 Scrambled Eggs <u>Sides:</u> Bacon Slices Golden Potato Puffs Goldfish Crackers Jell-O</p>	<p>9 Cheese(v) or Pepperoni Pizza <u>Sides:</u> Tossed Salad w/ Romaine & Tomato Mixed Fruit</p>	<p>10 Baked Potato Bar <u>Sides:</u> Choice of Cheese, Broccoli, Bacon Bits, Sour Cream, Butter and Chick Peas Diced Pears</p>
<p>13 Hamburger or Cheeseburger on WG Roll <u>Sides:</u> Dill Pickle Chips Potato Chips Fruit Cup</p>	<p>14 Salad Bar <u>Sides:</u> Choice of: Cheese, egg, diced chicken, diced ham, assorted veggies and bacon bits Fruit Cup</p>	<p>15 All Beef Hot Dog on a Roll <u>Sides:</u> Pasta Salad with fresh veggies Fruit Cup</p>	<p>16 Cheese(v) or Pepperoni Pizza <u>Sides:</u> Romaine Lettuce and Tomato Salad Chilled Fruit Cup</p>	<p>17 Chicken Patty Sandwich <u>Sides:</u> Vegetable du jour Fruit Cup</p>
<p>20 Last Day of School No Lunch Service WG = Whole Grain V = Vegetarian</p>	<p>21 </p>	<p>22 Have a Happy and Safe Summer from the kitchen staff at Davis School, Ginny Baudanza, Dianne Boebel, Kellie Daniels-Greene and Barbara Kerley!</p>	<p>24 Comments & questions please call Ken @ 781-275-9129 or email Ken_Whittier @ bedford.k12.ma.us</p>	<p>25  Thank you for your continued support!</p>

Lunch price: Full \$2.50 / Reduced price: \$.40/ Lunch = 3 items on the menu 1 item must be a fruit or vegetable

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