

## **JGMS THINK ABOUT IT FORM**

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**What did you do?**

Please be specific and start with "I."

**What was wrong with this behavior?**

Whom did you hurt? How did you know you hurt them?

**What caused you to do this?**

What problem were you trying to solve? Did you want attention? Did you want to be left alone? Were you trying to have fun? Were you already angry about something?

**Next time you're feeling this way, how will you act differently without hurting anyone?**

*\*Once the "Incident Report Form," "Follow Up Form," "Parent Communication Letter," and "Think About It Form" are completed, they will be stapled together and placed in a secure location in the office of a designated staff person.*