

PERSONAL SAFETY

LESSON THREE: TOUCHING

GRADE LEVEL: Kindergarten - First Grade

Overview: This lesson will teach the difference between appropriate/safe touch vs. inappropriate/confusing/unwanted touching. It will define the terms privacy and private zone/private parts. It will also distinguish between a good/safe secret and a confusing/bad/unsafe secret. Finally, it will identify a trusted adult as someone to whom a child should tell inappropriate/confusing/unwanted touching and confusing/bad/unsafe secrets to.

GOALS AND OBJECTIVES:

- Understand the term privacy.
- Understand the term private zone/private parts.
- Understand appropriate/safe and inappropriate/confusing/unwanted touch.
- Understand a good/safe secret and a confusing/bad/unsafe secret.

At the completion of this lesson students will demonstrate the ability to:

- Act assertively.
- Say "**NO**" in a meaningful way.
- Distinguish between appropriate/safe and inappropriate/confusing/unwanted touch.
- Understand the term privacy and understand private parts/private zone are the areas of your body covered by your bathing suit.
- Distinguish between a good/safe secret and a confusing/bad/unsafe secret.
- Understand that no one should ever keep a bad/unsafe secret. Tell a trusted adult this secret. Keep telling trusted adults until you find someone who will help.