

BEDFORD PUBLIC SCHOOLS

EDUCATIONAL FIELD TRIP REQUEST

Note: Trips of 150+ miles from Bedford, or overnight trips **MUST** have School Committee approval **PRIOR** to the trip. Please submit at least five (5) weeks prior to the trip.

Name: Ken Mierz Date: 26 Feb 2024
School: BHS
Teacher(s): Ken Mierz
Grade(s): 10-11 # of Pupils: 4
Destination: JROTC Academic & Leadership Bowl
Washington DC (Catholic University)
Trip Date(s): 21-25 Jun 2024 Departure 21 Jun 2024 Return 25 Jun 2024
Out-of-State: (☒) yes () no If yes, please complete the Out-of-State Guidelines
Overnight: (☒) yes () no form
Chaperones: Kenneth Mierz (Male)
TBD (Female)

Educational Aims:

The Junior Reserve Officer Training Corps Leadership and Academic Bowl (JLAB) team

qualified for the JLAB Finals in Washington DC from 21 June to 25 June 2024.

The top 16 teams out of 676 teams earned an all-expense (travel, food, sight-seeing,

lodging at Catholic University, etc) paid trip to the JLAB Finals.

Estimated Expenses:

Transportation Cost: 0 Cost to Pupil 0
Provider: US Air Force
Admission 0 Substitute Needed () Yes
Cost to School 0 ☒ No

Approvals:

[Signature] 26 Feb 2024

Program Administrator/Director

Date

[Signature] 2/26/24

Principal

Date

Superintendent/Designee

Date

Out-of-State:

School Committee Approval: (☒) Yes () No Date: _____

Memo

To: Principals/Program Administrators and Directors
From: Superintendent
Re: OUT-OF-STATE FIELD TRIPS/OVERNIGHT FIELD TRIPS

School Committee members have requested more detailed information when presenting an out-of-state field trip or overnight field trip request. I would ask that you forward answers to the following guideline questions so that I can include them with your request. Please attach as well any documentation/itinerary that may prove informative.

1. Dates of trip – will students be missing any school time.
21-25 June 2024 (NO school time missed)
2. Reason for trip.
Attend the ILAB Finals. Top 16 teams out of 676 teams are invited to the Finals.
3. Number of students participating and grades involved. How will students be selected?
Four students in 10th & 11th grade are attending, students selected by qualification tests.
4. Cost to students.
Ø
5. Cost to school.
Ø
6. Transportation – public, private, school van, etc.
Flying to Washington D.C. (AIR FORCE is paying for trip)
7. Chaperones – number, names. Please remember that if it is an overnight trip and attended by male and female students, a male and female chaperone is required.
Kenneth Mierz (male)
TBD (female)

Requests that do not have this form attached will be returned to the teacher. All approvals by School Committee need to be submitted one month in advance. Faculty should not discuss trips with students/parents before School Committee approval has been given. Thank you for your attention to this.



Kenneth Mierz <kenneth_mierz@bedfordps.org>

JLAB 2024 - Air Force JROTC Academic Bowl Championship

1 message

Emily Donahue <edonahue@collegeoptions.net>

Thu, Feb 22, 2024 at 11:44 AM

To: Emily Donahue <edonahue@collegeoptions.net>

Cc: "BARRON, ROYCE W GS-12 USAF AETC HOLM CENTER/AFJROTC/JR-RD7" <royce.barron.1@au.af.edu>, Terry Wilfong <twilfong@collegeoptions.net>, Laura Hadley <lhadley@collegeoptions.net>, Lauren Conway <lconway@collegeoptions.net>

CONGRATULATIONS! Your team has qualified to advance to the 2024 Air Force JROTC Academic Bowl Championship at The Catholic University of America in Washington, DC, June 21-25, 2024. The competition for the sixteen AFJROTC Academic Bowl spots was tough, but your team proved their academic abilities. Your cadets are going to have the experience of a lifetime!

Please reply to this email no later than March 10 confirming your team will attend JLAB 2024.

As you begin preparing for your trip, here are a few details....

1. **Dates** – June 21-25, 2024 – Teams should plan to arrive on Friday, June 21 no later than 5 PM in time for dinner and the Opening Ceremony and depart no later than 10 AM on Tuesday, June 25. There are no activities planned on June 25.
2. **Press Coverage** - We would like to receive some media coverage about your smart, dedicated cadets. Attached is a press release announcing your team's advancement to the Championship. Please use the attached customizable press release to send to your local news outlets announcing your unit's accomplishment and share the coverage with us (email copies of press coverage to lconway@collegeoptions.net). You may consider working with press officers in your school district to draft and distribute the press release.
3. **Team Participation** – Each team is authorized to bring the four primary team members, one instructor, and one female chaperone (if required by your school/district). The team coach/instructor is permitted to substitute cadets if an original team member is not available to attend JLAB. Female staff members are available on campus with your female cadets through the duration of the event; however, if you are required by your school to travel with a female chaperone, you will be able to add her information during online registration. Unfortunately, **alternates cannot be accommodated at JLAB 2024** due to space limitations (as outlined in the original guidelines of the competition). In addition, space for spectators is limited to instructors/chaperones due to COVID mitigation protocols.
4. **Travel, Meals, Lodging, and Competition Costs** – Air Force JROTC HQ covers all competition costs (lodging and meals) and most travel costs for AFJROTC teams attending the Championship event. You will indicate your travel preferences during registration (air, train, car, etc.). Please review the attached Travel Info document for more details.
5. **Lodging** – Cadets and their instructors will stay in dorms on the campus of The Catholic University of America. Instructors and chaperones will have individual rooms in the same or nearby dorms and share bathrooms and common spaces with other adults. Two – four cadets will share a room and common bathroom facilities. Males and females (including adults) will be accommodated in separate buildings on campus.

6. **Registration** – Registration for JLAB will be held March 1-31 through your instructor dashboard on www.cofcontests.com. Please prepare to register your team by gathering the information beforehand. Registration will close on March 31.

During registration, you will need:

- the full names of all attendees (as stated on their official ID)
- birthdates of all attendees
- t-shirt sizes of all attendees (including chaperone)
- dietary/medical restrictions of all attendees
- cell phone number of adults
- Signed photo release, medical release and Covid forms for each cadet and adult (see attached)
- Travel preferences – you will indicate whether you want to fly, drive a rental or POV or take the train. COF staff will take your preferences into consideration when making travel arrangements.

To register:

- Go to cofcontests.com and log into your instructor dashboard.
- Click the box that says view notifications.
- Find the notification that states registration is open.
- Click the 3 dots under Action beside the notification.
- Click register.

7. **Competition** – In the competition, all four team members participate as a group in a college bowl-type game with buzzers. Questions will be very similar to those found in the online game; more specific information on the content will be forwarded shortly. A practice round will be held on Friday evening after the Opening Ceremony so that all teams will have an opportunity to practice with the game buzzers and review the rules. After preliminary rounds on Saturday, the AFJROTC Academic Bowl Championship will be held on Sunday at 12:30 PM. The Joint Service Academic Bowl will be held on Sunday afternoon immediately following the Army Academic Championship (approximately 5 PM on Sunday). The winning team from the Air Force will compete against the winning teams from the Army, Navy, and Marine Corps JROTC Academic Championships in a four-way competition. Monday is reserved for sightseeing; the Awards Ceremony will be held Monday night. NOTE: The Championships and other evening programs will be livestreamed so that families and other members of the unit may watch.

Many more details about the Academic Championship will be sent in the upcoming weeks, including how to prepare for the competition. Correspondence is primarily through email so please check your email regularly for updates and suspense deadlines. In addition, all documents are available on your dashboard under *Resources* after logging in to www.cofcontests.com.

Congratulations on your team's achievement! We look forward to seeing you in Washington, DC.

Emily

Due Dates:

- March 10 – reply to this email to confirm attendance

- March 1-31 - registration

Attachments (all documents are available under *Resources* on your dashboard at www.cofcontests.com):

- JLAB 2024 Teams
- Draft Schedule at JLAB 2024
- Health and Safety Guidelines
- Customizable press release
- Adult Release Forms
- Cadet Release Forms
- Travel Information

Emily Donahue

Program Director

College Options Foundation™

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www.collegeoptionsfoundation.net

Check us out on Facebook

7 attachments



JLAB 2024 Teams.pdf

129K



Academic Championship Schedule of Events - JLAB 2024.docx

1217K



Health and Safety Guidelines 2024.docx

150K



2024 Air Force Academic Bowl Championship Press Release NEW.docx

866K



Adult Release Forms for JLAB - COVID, Photo.pdf

158K



Cadet Release Forms for JLAB - Medical, COVID, Photo.pdf

1390K



Travel Info for JLAB 2024.docx

46K



2023-2024 JROTC Leadership and Academic Bowl

Teams advancing to the JLAB 2024 Championship

Army JROTC Leadership Bowl

A P Brewer High School
Atholton High School
Belaire Magnet High School
Blackman High School
Calumet High School
Cape Henlopen High School
Darlington High School
Discovery High School
Douglas County High School
Douglas High School
Emmet J Conrad High School
Fall Mountain High School
Francis Lewis High School
G W Carver High School
Genesee Career Institute
Greenville High School
Greenwood High School
Hobart High School
Hudson High School
Irvington High School
Joliet West Township High School
Lake Braddock High School
Lincoln College Prep Academy
MacArthur High School
Mirabeau B Lamar High School
North Paulding High School
North Side High School
Pittsburg High School
Plano West Senior High School
Procter R Hug High School
Russell County High School
Sam Rayburn High School
South Hills High School
South Lakes High School
Sparkman High School
Texas Military Institute
Tolsia High School
Van Nuys High School
West Broward High School
White Station High School

Somerville	AL
Columbia	MD
Baton Rouge	LA
Murfreesboro	TN
Calumet	MI
Lewes	DE
Darlington	SC
Lawrenceville	GA
Douglasville	GA
Minden	NV
Dallas	TX
Langdon	NH
Fresh Meadows	NY
Montgomery	AL
Flint	MI
Greenville	AL
Greenwood	SC
Hobart	IN
Hudson	FL
Irvington	NJ
Joliet	IL
Burke	VA
Kansas City	MO
Irving	TX
Houston	TX
Dallas	GA
Fort Worth	TX
Pittsburg	CA
Plano	TX
Sparks	NV
Seale	AL
Pasadena	TX
Fort Worth	TX
Reston	VA
Harvest	AL
San Antonio	TX
Fort Gay	WV
Van Nuys	CA
Pembroke Pines	FL
Memphis	TN



Army JROTC Academic Bowl

Auburn High School	Team B	Auburn	AL
Austin High School	Team B	Decatur	AL
Cape Helopen High School	Team B	Lewes	DE
Clear Brook High School	Team A	Friendswood	TX
Davenport High School	Team B	San Antonio	TX
Douglas County High School	Team B	Douglasville	GA
Dysart High School	Team A	El Mirage	AZ
East Union High School	Team A	Manteca	CA
Francis Lewis High School	Team A	Fresh Meadows	NY
Gadsden City High School	Team A	Gadsden	AL
George Washington High School	Team A	San Francisco	CA
H M King Early College High School	Team A	Kingsville	TX
Lake Braddock Secondary School	Team A	Burke	VA
Legacy of Educational Excellence High School	Team A	San Antonio	TX
Magnolia High School	Team A	Anaheim	CA
Meridian High School	Team A	Meridian	MS
Methuen High School	Team A	Methuen	MA
North Atlanta High School	Team A	Atlanta	GA
North West High School	Team A	Clarksville	TN
Omaha Central High School	Team A	Omaha	NE
Pender High School	Team A	Burgaw	NC
Punahou School	Team A	Honolulu	HI
Ravenwood High School	Team A	Brentwood	TN
Rockford Auburn High School	Team B	Rockford	IL
Russell County High School	Team B	Seale	AL
Tempe Union High School	Team A	Tempe	AZ
Thomas A. Edison CTE	Team B	Jamaica	NY
Tri-Cities High School	Team A	East Point	GA
Waynesville High School and Career Center	Team A	Waynesville	MO
West Forsyth High School	Team A	Clemmons	NC
Westside High School	Team A	Anderson	SC
White Station High School	Team B	Memphis	TN

Marine Corps JROTC Academic Bowl

Catholic High School	Team A	Little Rock	AR
Daniel Boone High School	Team A	Gray	TN
Fallbrook Union High School	Team B	Fallbrook	CA
Heritage High School	Team A	Lynchburg	VA
ILTEXAS - Garland High School	Team A	Garland	TX
La Cueva High School	Team A	Albuquerque	NM
Okkodo High School	Team A	Dededo	Guam
Paul W Bryant High School	Team A	Cottdondale	AL



Navy JROTC Academic Bowl

Clements High School	Team A	Sugarland	TX
Ed W Clark High School	Team B	Las Vegas	NV
Gaither High School	Team B	Tampa	FL
Lassiter High School	Team A	Marietta	GA
Lebanon Trail High School	Team A	Frisco	TX
Liberty High School	Team A	Renton	WA
T R Proctor High School	Team A	Utica	NY
Valdosta High School	Team B	Valdosta	GA

Air Force JROTC Academic Bowl

Beavercreek High School	Team B	Dayton	OH
Bedford High School	Team A	Bedford	MA
Billy Ryan High School	Team A	Denton	TX
Buena Park High School	Team A	Buena Park	CA
Crescenta Valley High School	Team B	La Crescenta	CA
Denton High School	Team A	Denton	TX
Dodge City High School	Team A	Dodge City	KS
Flagler Palm Coast High School	Team A	Palm Coast	FL
Hixson High School	Team A	Hixson	TN
John Foster Dulles High School	Team A	Sugarland	TX
Mainland High School	Team A	Daytona Beach	FL
Marcus High School	Team B	Flower Mound	TX
North Quincy High School	Team A	Quincy	MA
Valencia High School	Team A	Valencia	CA
Vista Murrieta High School	Team A	Murrieta	CA
Westwood High School	Team B	Austin	TX

Coast Guard JROTC Academic Bowl

Lucy G. Beckham High School	Team A	Mount Pleasant	SC
Pinellas Park High School	Team A	Largo	FL



JROTC Academic Bowl Championship The Catholic University of America - Washington, DC

Friday, June 21, 2024

Time	Activity	Location	Attire (cadets/adults)
10 AM-5PM	Team Check-in	CUA - Millennium North lobby	casual
6:00 PM	Dinner (Army Academic Teams)	Cafeteria – Garvey Hall	casual
6:15 PM	Dinner (AF Academic Teams)	Cafeteria – Garvey Hall	casual
6:30 PM	Dinner (Navy, MC, CG Academic Teams)	Cafeteria – Garvey Hall	casual
7:30 PM	Opening Ceremony Speaker: TBA	Great Room - Pryzbyla	casual – school spirit attire encouraged
8:30 PM	All Academic teams – competition prep	Great Room - Pryzbyla	casual
9:30 PM	Return to dorms		

Saturday, June 22, 2024

Time	Activity	Location	Attire (cadets/adults)
7:45 AM	Breakfast (Army Academic Teams)	Cafeteria – Garvey Hall	
8:15 AM	Breakfast (AF, Navy, MC, CG Teams)	Cafeteria – Garvey Hall	
9:00 AM	Academic Competitions begin	Pangborn, McMahon, Shahan	uniform
12:15 PM	Lunch (Army Academic Teams)	Cafeteria – Garvey Hall	
12:45 PM	Lunch (AF, Navy, MC, CG Teams)	Cafeteria – Garvey Hall	
1:45 PM	Academic Competitions continue	Pangborn, McMahon, Shahan	uniform
5:30 PM	Dinner (Army Academic Teams)	Cafeteria – Garvey Hall	
6:00 PM	Dinner (Navy, MC, CG Teams)	Cafeteria – Garvey Hall	
6:15 PM	Dinner (AF Academic Teams)	Cafeteria – Garvey Hall	
6:30 – 7 PM	Teams depart for DC Clues!	National Mall	casual
9:30 PM	Teams return to dorms	CUA	

Sunday, June 23, 2024

Time	Activity	Location	Attire (cadets/adults)
7:45 AM	Breakfast (AF, Navy, MC, CG Academic Teams)	Cafeteria – Garvey Hall	
8:15 AM	Breakfast (Army Academic Teams)	Cafeteria – Garvey Hall	
8:45 PM	AF, Navy, MC Playoffs announced	Great Room - Pryzbyla	
9:00 AM	Navy Semifinals	McMahon	uniform
9:00 AM	Air Force Quarterfinals begin		
9:00 AM	Army Academic Competition continues	Pangborn	uniform
10:00 AM	Air Force Quarterfinals continue	McMahon	uniform
10:00 AM	Marine Corps Semifinals	McMahon	uniform
10:00 AM	Navy Academic Bowl Championship	Great Room - Pryzbyla	uniform
11:00 AM	Air Force Semifinals	McMahon	uniform
11:00 AM	Marine Corps Academic Bowl Championship	Great Room - Pryzbyla	uniform
11:30 AM	Lunch (Navy, AF, CG Teams)	Cafeteria – Garvey Hall	
12:00 PM	Lunch (Army, MC Academic Teams)	Cafeteria – Garvey Hall	
12:00 PM	Air Force Academic Bowl Championship	Great Room - Pryzbyla	uniform
1:30 PM	Army Academic Playoffs announced	Great Room - Pryzbyla	uniform
2:00 PM	Army Academic Playoffs 1 st Round	Pangborn	uniform
2:35 PM	Army Academic Quarterfinals	Pangborn	uniform



3:10 PM	Army Academic Semifinals	Pangborn	uniform
4:00 PM	Army Academic Bowl Championship	Great Room - Pryzbyla	casual (except for teams in Championship)
4:00 PM	All Academic Teams return to CUA to attend Joint Service Championship		
5:00 PM	Joint Service Academic Bowl Championship	Great Room - Pryzbyla	casual (except for teams in Championship)
6:15 PM	Picnic Dinner (all Academic Teams)	Outdoors - Pryzbyla	casual
7:00 PM	JLAB Jam	Outdoors - Pryzbyla (Great Room if rain)	casual
9:30 PM	Return to dorms		

Monday, June 24, 2024

Time	Activity	Location	Attire (cadets/adults)
7:45 AM	Breakfast (Army Academic Teams)	Cafeteria – Garvey Hall	casual
8:15 AM	Breakfast (AF, Navy, MC, CG Teams)	Cafeteria – Garvey Hall	casual
8:00 - 9:00 AM	All Academic teams depart for National Mall (with sack lunch)		JLAB t-shirt with shorts/pants (cadets); casual (adults)
6:00 PM	Dinner (Navy, MC Teams)	Cafeteria – Garvey Hall	uniform
6:15 PM	Dinner (AF, CG Teams)	Cafeteria – Garvey Hall	uniform
6:30 PM	Dinner (Army Academic Teams)	Cafeteria – Garvey Hall	uniform
7:30 PM	Awards Ceremony for all JLAB teams Guest Speaker: TBA Guest Speaker: TBA Guest Performer: TBA	CUA Great Room - Pryzbyla	uniform; Business attire for civilians
9:30 PM	Return to dorms		

Tuesday, June 25, 2024

Time	Activity	Location	Attire (cadets/adults)
7:30 AM	Breakfast (all Academic Teams)	Cafeteria – Garvey Hall	casual
8:30 AM	Teams depart for home – checkout - follow departure procedure	CUA - Millennium North lobby	casual



JROTC Leadership & Academic Bowl

National Championship

Health & Safety Guidelines

(Updated 15 Feb 2024)

College Options Foundation and the U.S. JROTC Commands take your safety seriously. Below you will find the health and safety initiatives we are taking to ensure JLAB 2024 is safe and fun!

KEY POINTS

- Every attendee must review this website prior to travel - [Washington, DC COVID-19 Travel Updates](#) [Travel Status Update](#) | [Washington DC](#)
- Washington, DC requirements: As of Oct. 2022, the DC government has eliminated mask and vaccine requirements for visitors. However, masks may be required in some indoor spaces such as museums. We will update all attendees on any changes prior to JLAB.

Prior to traveling to DC (by air or car)

- Be mindful of group activities within 14 days of travel to DC. Avoid crowds and/or people who have experienced symptoms or tested positive for COVID-19 or other viruses.
- Monitor yourself for symptoms of illness.
- Travelers who believe they may have been in contact with a person who has COVID-19 should consult with their healthcare provider prior to departure. Travelers who have tested positive for COVID-19 should seek medical attention and follow the guidance of their healthcare provider and local health department. *Anyone who tests positive or is experiencing symptoms should NOT attend JLAB!

While traveling via Airplane or Train

- Airline and train travelers may wear a face mask throughout the travel experience; however, masks are no longer required.
- Travelers are also encouraged to:
 - Maintain a social distance of six feet wherever possible, especially when standing in lines.
 - Wash your hands regularly, including directly before and after completing the security screening process. If it is not possible to wash your hands, please use hand sanitizer.

Once at JLAB 2024

- We will have dedicated full-time staff members whose role is to assist in protocol observations and monitoring.
- Currently, face coverings are not required for attendees.
- We will have a limited number of guests (Command staff and speakers only).
- Monitor temperatures and questions concerning exposure or symptoms of any illness prior to attending the event and continuously throughout the event.
- Wash hands frequently and/or use hand sanitizer stations available throughout event.
- Require personal responsibility statements by all attendees.



- COF will have an operational plan in the event of identified infected person(s).
- Limited group size and additional spacing during events.
- Hand sanitizing between competitions.
- Additional cleaning by outside company provided by CUA.
- Ceremonies will be live streamed for all individuals who are not confirmed JLAB attendees.

Academic Competition

- Preliminary rounds will be held in classrooms.
- Two teams (8 cadets) and up to four instructors/moderators in each room; spectators will be allowed based on space in the classroom.
- Playoff and championship rounds are held in the Great Hall.
- Social distancing enforced.
- Sanitizing/cleaning of equipment after each round of competition.

Leadership Competition

- Teams will stay together for LRC activities.
- Social distancing enforced.
- Sanitizing/cleaning of equipment after each round of competition.

Bedford High School Air Force JROTC Team Secures Place in National Academic Bowl Championship in Washington, DC

Following two online rounds of rigorous competition against teams from all over the world, Bedford High School's Air Force Junior Reserve Officer Training Corps (JROTC) Academic Team, comprised of Gianna Carrier, Shreyes Shivappa, Evangel Li, Aidan McDonald, Emily Wang, and Matthew Dill, has secured a coveted spot in the Championship event to be held in Washington, DC. The 2024 U.S. Air Force JROTC Academic Bowl Championship is scheduled to take place at The Catholic University of America campus from June 21-25, 2024. This prestigious event is sponsored by the U.S. Air Force JROTC and organized by College Options Foundation.

Bedford High School's JROTC team emerged with top honors among the 676 Air Force JROTC academic teams worldwide. Their achievement places them among the elite sixteen Air Force JROTC Academic Bowl teams in the nation, earning them an all-expense paid trip to the Championship event in DC.

The preliminary rounds, marked by their intensity and speed, assessed cadets on a range of subjects including core curriculum such as math, science, and language arts, along with evaluations of their grasp on current events, citizenship, leadership skills, and financial literacy. Notably, financial literacy videos sponsored by the USAA Educational Foundation were integral to the competition, with questions derived from these videos featured in Levels I and II of the online rounds.

The JROTC Leadership & Academic Bowl stands as a nationally recognized competition tailored exclusively for JROTC students. Through participation, cadets imbibe the values of citizenship, engage in academic rivalry, and explore avenues for college opportunities. This platform provides a remarkable avenue for JROTC cadets to demonstrate their leadership and academic prowess.

College Options Foundation, a non-profit organization committed to enhancing the academic journey of high school students and aiding them in their pursuit of higher education, has been instrumental in supporting the academic development of JROTC cadets worldwide for nearly two decades. Leveraging academic competitions, college exam study guides, admissions tutorials, and personalized counseling, College Options Foundation continues to empower the nation's JROTC cadets.



**Release on all print, photographic, videotape production, television,
motion pictures, commercials and recordings.**

I _____, understand and agree that my name and/or likeness may be used at some point in time, or from time to time in a media and/or product. I understand that I will not receive any compensation for my involvement.

I hereby acknowledge by my signature below and with knowledge that COLLEGE OPTIONS FOUNDATION, its subsidiaries, successors, assigns and/or licensees intend to act in reliance hereon, I irrevocably grant COLLEGE OPTIONS FOUNDATION, subsidiaries, successors, assigns and licensees the absolute full right, power, authority and permission to copyright, use, advertise, publish and distribute my name and/or likeness in any media form and/or product created during the period of time I am an employee, independent contractor, agent and/or associated in any way with COLLEGE OPTIONS FOUNDATION, its subsidiaries, successors, assigns or licensees. My name and or likeness may be used for broadcast, live stream video, editorial, testimonial, art, promotional or any other lawful purpose whatsoever without restriction.

I hereby waive any and all right(s) that I may have to inspect and/or approve the finished product or media copy that may be used in connection herewith or the use to which it may be applied.

I hereby state that I am eighteen years of age or older as of the date hereof, or this form bears the signature of my parent or legal guardian, thereby releasing COLLEGE OPTIONS FOUNDATION, its subsidiaries, successors, assigns and/or licensees from any and all liability resulting therefrom.

DATE

Print Name

Signature of Parent or Legal Guardian
(if under 18 years)

Address

City/State/Zip

Telephone Number

COVID-19

ASSUMPTION OF EXPOSURE AND INHERENT RISK, RELEASE OF LIABILITY, WAIVER OF CLAIMS, INDEMNITY AGREEMENT, AND DECLARATION

I, the undersigned **ATTENDEE** or **PARENT** or **LEGAL GUARDIAN** of the child (**YOUTH**) named below, hereby consent to my and/or my child's participation in the JROTC Leadership & Academic Bowl Championship ("JLAB Activity"), to be held in Washington, D.C., during the COVID-19 pandemic and agree to the following:

COVID-19. COVID-19 is a mild to severe upper respiratory disease caused by the virus SARS-CoV-2 ("**COVID-19**").

Potential Exposure. I understand that COVID-19 is considered highly contagious and is primarily spread from person to person, including asymptomatic persons. COVID-19 is more likely to be spread when people are within approximately six feet of one another. I understand that I and/or my child will be within six feet of other people while attending the JLAB Activity.

Inherent Risks. Exposure to COVID-19 includes certain risks, not all of which can be described herein, but may include coughing, shortness of breath, difficulty breathing, fever, chills, shaking, muscle pain, headache, sore throat, loss of taste or smell, pain or pressure in the chest, confusion, inability to wake, and death.

Assumption of COVID-19 Exposure and Inherent Risks. I have read the previous statements regarding COVID-19 exposure and risks ("**COVID-19 Exposure**") inherent in attending this JLAB Activity. I understand and appreciate the COVID-19 Exposure inherent in attending this JLAB Activity, and that health-related reactions may manifest as a result of attending this JLAB Activity. I agree that my attendance and/or my child's attendance at this JLAB Activity is voluntary, and hereby knowingly assume the risk of any and all COVID-19 Exposure.

Waiver, Release, and Indemnification. In consideration of being allowed to participate in the JLAB Activity, and for other good and valuable consideration, the receipt and sufficiency of which I hereby acknowledge, and on behalf of myself, and our respective estates, heirs, next of kin, representatives and assigns, I knowingly, and with informed consent, do hereby waive, release, agree to defend and indemnify, and shall hold harmless the **College Options Foundation**, its respective executives, employees, officers, volunteers, owners, affiliates, officers, directors, partners, managers, members, and agents (collectively, "**Released Parties**") from and against all demands, claims, losses, injury, damages, liability, attorneys' fees, costs, and/or expenses of litigation, in law or in equity, whether known or unknown, that have arisen or may arise from any COVID-19 Exposure and my participation in the JLAB Activity that involve any damage, loss, or injury to me. I promise not to sue any of the Released Parties for any such demands, claims, or liability. This waiver, release, indemnification agreement, and promise not to sue shall apply to any and all claims of negligence, but does not apply to any claims of criminal conduct, gross negligence, or willful conduct.

Declaration. I declare that if I or any individual residing in the same home as I become ill or experience any symptoms of COVID-19 within two weeks of travel to JLAB in Washington, DC, I will notify College Options Foundation immediately.

This document is revocable, prospectively only, by a writing signed by me that bears the date the revocation is delivered to the above-mentioned College Options Foundation.

Child's Name (Printed)

Printed Name of Attendee or Parent or Legal Guardian

Date

Signature of Attendee or Parent or Legal Guardian

Cell (Mobile) Phone Number

Attendee or Parent or Legal Guardian Phone Number



Medical Consent Treatment Form

Instructors of Leadership and Academic Teams selected to participate in the JROTC Leadership & Academic Bowl (JLAB) will submit the following **Consent To Medical Treatment** document for each cadet on the team to College Options Foundation during online registration. Medical conditions, such as asthma, allergies, diabetes, ADD/ADHD, epilepsy, seizures, previous heat casualties, etc., that could require immediate medical attention should be noted on the Medical Treatment document.

Instructors are responsible for monitoring cadets who require medication to be taken either daily or multiple times during the day. Medical conditions which require prescription medicine must have written parental or legal guardian consent and medical clearance from a licensed physician prior to attending JLAB. The Foundation will coordinate any emergency medical treatment required.

Covid Prevention Protocols: All attendees must observe all stated Covid Prevention Protocols (see Health and Safety Guidelines). Temperatures will be checked regularly and attendees questioned about any potential symptoms.

Please ensure that a parent/guardian of each cadet traveling to JLAB fills out and signs the following form. Once it is signed, scan a copy and upload the document in the registration portal. This should be completed for each cadet attending (not required for adults).

Thank you.



**CONSENT TO MEDICAL TREATMENT
STATEMENT REQUIRED BY PRIVACY ACT OF 1974**

(1) AUTHORITY: TITLE 10, U.S. CODE 2102.

(2) PRINCIPAL PURPOSES: A statement authorizing medical care in civilian or government medical facilities while attending or traveling to or from JROTC JLAB.

(3) ROUTINE USES: Normal personnel actions: Disclosure of information may be provided to proper authorities in actions regarding medical treatment, legal actions as a result of injury or death, and investigation of accident resulting from JROTC participation.

(4) MANDATORY OR VOLUNTARY DISCLOSURE AND EFFECT ON INDIVIDUAL NOT PROVIDING INFORMATION: *Voluntary.*

Failure to complete form will disqualify JROTC cadet from participating in the JROTC JLAB.

I _____, consent to be treated in other government or civilian medical facility, near or enroute to Washington, DC while attending or traveling to or from JROTC JLAB.

This consent encompasses all procedures and treatments as are found to be necessary or desirable, in the judgment of the professional staff of any of the above-named medical facilities. I understand that this consent is of a general nature and accordingly list the following exceptions to this consent (*if no exceptions write "No Exceptions"*) _____

☐ I (am) ☐ (am not) on medication. (List type, if on medication) _____

☐ I (am) ☐ (am not) allergic to medication. (List type, if allergic) _____

Participant's medical insurance _____ (name of insurance company)

(ID number)

It is understood that this consent can be withdrawn in writing or orally at anytime.

PARENT OR GUARDIAN: (When cadet is a minor or unable to give consent), I _____
_____, parent/guardian of _____, have read and understood the above
consent to treatment and hereby expressly consent to the above-described treatment.

Signature of Witness Signature of Parent (or Legal Guardian)

Print Name of Witness Print Name of Parent (or Legal Guardian)

Date



Release on all print, photographic, videotape production, television, motion pictures, commercials and recordings.

I _____, understand and agree that my name and/or likeness may be used at some point in time, or from time to time in a media and/or product. I understand that I will not receive any compensation for my involvement.

I hereby acknowledge by my signature below and with knowledge that COLLEGE OPTIONS FOUNDATION, its subsidiaries, successors, assigns and/or licensees intend to act in reliance hereon, I irrevocably grant COLLEGE OPTIONS FOUNDATION, subsidiaries, successors, assigns and licensees the absolute full right, power, authority and permission to copyright, use, advertise, publish and distribute my name and/or likeness in any media form and/or product created during the period of time I am an employee, independent contractor, agent and/or associated in any way with COLLEGE OPTIONS FOUNDATION, its subsidiaries, successors, assigns or licensees. My name and or likeness may be used for broadcast, live stream video, editorial, testimonial, art, promotional or any other lawful purpose whatsoever without restriction.

I hereby waive any and all right(s) that I may have to inspect and/or approve the finished product or media copy that may be used in connection herewith or the use to which it may be applied.

I hereby state that I am eighteen years of age or older as of the date hereof, or this form bears the signature of my parent or legal guardian, thereby releasing COLLEGE OPTIONS FOUNDATION, its subsidiaries, successors, assigns and/or licensees from any and all liability resulting therefrom.

DATE

Print Name

Signature of Parent or Legal Guardian
(if under 18 years)

Address

City/State/Zip

Telephone Number

COVID-19

ASSUMPTION OF EXPOSURE AND INHERENT RISK, RELEASE OF LIABILITY, WAIVER OF CLAIMS, INDEMNITY AGREEMENT, AND DECLARATION

I, the undersigned **ATTENDEE** or **PARENT** or **LEGAL GUARDIAN** of the child (**YOUTH**) named below, hereby consent to my and/or my child's participation in the JROTC Leadership & Academic Bowl Championship ("JLAB Activity"), to be held in Washington, D.C., during the COVID-19 pandemic and agree to the following:

COVID-19. COVID-19 is a mild to severe upper respiratory disease caused by the virus SARS-CoV-2 ("**COVID-19**").

Potential Exposure. I understand that COVID-19 is considered highly contagious and is primarily spread from person to person, including asymptomatic persons. COVID-19 is more likely to be spread when people are within approximately six feet of one another. I understand that I and/or my child will be within six feet of other people while attending the JLAB Activity.

Inherent Risks. Exposure to COVID-19 includes certain risks, not all of which can be described herein, but may include coughing, shortness of breath, difficulty breathing, fever, chills, shaking, muscle pain, headache, sore throat, loss of taste or smell, pain or pressure in the chest, confusion, inability to wake, and death.

Assumption of COVID-19 Exposure and Inherent Risks. I have read the previous statements regarding COVID-19 exposure and risks ("**COVID-19 Exposure**") inherent in attending this JLAB Activity. I understand and appreciate the COVID-19 Exposure inherent in attending this JLAB Activity, and that health-related reactions may manifest as a result of attending this JLAB Activity. I agree that my attendance and/or my child's attendance at this JLAB Activity is voluntary, and hereby knowingly assume the risk of any and all COVID-19 Exposure.

Waiver, Release, and Indemnification. In consideration of being allowed to participate in the JLAB Activity, and for other good and valuable consideration, the receipt and sufficiency of which I hereby acknowledge, and on behalf of myself, and our respective estates, heirs, next of kin, representatives and assigns, I knowingly, and with informed consent, do hereby waive, release, agree to defend and indemnify, and shall hold harmless the **College Options Foundation**, its respective executives, employees, officers, volunteers, owners, affiliates, officers, directors, partners, managers, members, and agents (collectively, "**Released Parties**") from and against all demands, claims, losses, injury, damages, liability, attorneys' fees, costs, and/or expenses of litigation, in law or in equity, whether known or unknown, that have arisen or may arise from any COVID-19 Exposure and my participation in the JLAB Activity that involve any damage, loss, or injury to me. I promise not to sue any of the Released Parties for any such demands, claims, or liability. This waiver, release, indemnification agreement, and promise not to sue shall apply to any and all claims of negligence, but does not apply to any claims of criminal conduct, gross negligence, or willful conduct.

Declaration. I declare that if I or any individual residing in the same home as I become ill or experience any symptoms of COVID-19 within two weeks of travel to JLAB in Washington, DC, I will notify College Options Foundation immediately.

This document is revocable, prospectively only, by a writing signed by me that bears the date the revocation is delivered to the above-mentioned College Options Foundation.

Child's Name (Printed)

Printed Name of Attendee or Parent or Legal Guardian

Date

Signature of Attendee or Parent or Legal Guardian

Cell (Mobile) Phone Number

Attendee or Parent or Legal Guardian Phone Number



JLAB 2024 Travel Information

Congratulations to your cadets for earning the opportunity to attend JLAB in Washington, DC!

STEPS TO PLAN YOUR TRAVEL TO JLAB:

1. Review the travel options in this document carefully.
2. During online registration (March 1-31), you will provide your preferences (type of transportation, departure date/time, etc.). You will need the full name (as it appears on ID – including middle name or initial if applicable) and birthdate of ALL travelers by plane or train. Please have all of this information ready when you register.
3. If you choose to travel by plane or train, you will receive further instructions with specific information via email.
4. If you choose to travel via automobile (rental, school vehicle, or POV), you will receive further instructions via email.
5. Do NOT purchase any tickets. COF will purchase tickets for transportation for the Army, Air Force, and Marine Corps teams. **The only exception are the Navy and Coast Guard Academic Teams who will receive further instructions from their HQs to arrange travel to JLAB.**

This document contains important information regarding your travel to Washington this summer. Please read it carefully and refer back to it if needed. If you have been to JLAB before, please take note that there are several changes in the travel procedure from previous years. As always, we try to improve our service year to year.

College Options Foundation will arrange your transportation to/from the event (excluding the Navy and Coast Guard teams – see #5 above). **Army Leadership Teams must arrive in DC no later than 5:00 pm on Sunday, June 16 and depart on Thursday, June 20. All Academic Teams must arrive in DC no later than 5:00 pm on Friday, June 21 and depart on Tuesday, June 25.**

The options for travel include driving (rental, school vehicle, or POV), taking the train, or flying.

In an effort to reduce the enormous travel costs associated with the event, we encourage those teams within a 400-mile radius of Washington, DC to drive.

Options for JLAB travel

Determine your preferred mode of travel (auto, train, air). You will indicate this during the registration process, March 1-31.

1. Travel by Car

- If you plan to drive, you may rent a vehicle, use your POV, or drive a school vehicle. If you are renting a car to drive to DC, you will receive a flyer with an event code and link for making your reservation will be provided. You do not need to provide your personal credit card. **NOTE:** The link on the flyer is only if you are renting a vehicle to drive to DC, not to rent upon arrival in DC. All in and around transportation during JLAB is provided. Rental vehicles are not approved for teams flying to Washington, DC.
- Mileage reimbursement for use of your POV will be the standard government rate of 65.5 cents per mile.
- Instructions for parking will be provided at a later date.

2. Travel by Plane or Train

Please be aware that once an airline or train ticket has been purchased, if the reservation is changed or canceled, the funds may be forfeited. If a new ticket needs to be purchased, it will be at the team's expense. Please make sure that all team members are available and committed to attend JLAB before registering. A change in your itinerary, whether it is a schedule change or a passenger change, can be very costly and will be done at your expense.

- You will be contacted by the travel coordinator (Laura Hadley) to complete the process of confirming airline reservations for your team.
- Travelers 18 years old and older are required to show government issued identification at the airport when going through TSA.
- Please check-in online 24 hours in advance of your flight. On most airlines, you can check-in online and pay for your checked bags at that time (2 bags per team will be paid for by COF).
- Refer to the airline website and the JLAB Covid Mitigation Protocols for information on travel precautions.
- More information regarding ground transportation in DC from the airport to the Catholic University will be provided.

Check In - This year all teams will check in at the:
The Catholic University of America
Millennium North lobby

Please contact Laura Hadley for travel related questions or concerns at lhadley@collegeoptions.net.